



Privacy Policy for The Yoni Therapist

Last updated: 08.01.26

Data Controller: Michelle Jermy, The Yoni Therapist

ICO Registration Number: 00019770639

Registered Office Address: CBC, Staniforth Road, Thetford, IP24 3LH

1. Introduction

This Privacy Policy explains how I collect, use, store, share, and protect your personal information in accordance with the UK General Data Protection Regulation (UK GDPR) and the Data Protection Act 2018.

This policy applies to all services provided by **Michelle Jermy – The Yoni Therapist**, including **therapy, clinical supervision, and coaching**. I am committed to maintaining the confidentiality and security of your personal data and being transparent about how it is handled within my professional practice.

2. What Personal Data I Collect

Depending on the nature of our work together, I may collect the following personal data:

- Name
- Address
- Email address
- Telephone number(s)
- Date of birth
- Professional qualifications (where relevant, e.g. for supervisees)
- Financial information for payment processing (including bank details if provided)

I may also collect **special category (sensitive) personal data**, including:

- Gender, ethnicity, and relationship status
- Religious, spiritual, or cultural beliefs
- Physical and mental health information
- Sexuality, sexual health, and sexual history
- Information relating to offences or alleged offences (only where relevant and necessary for therapeutic or safeguarding purposes)

This information is collected directly from you during initial contact, through intake forms, or during the course of therapy, supervision, or coaching.



3. Why I Collect Your Data and Lawful Basis for Processing

I collect and process your personal data for the following purposes:

- To provide therapy, clinical supervision, or coaching and fulfil our contractual agreement
- To assess your needs and support you appropriately
- To maintain accurate records in line with professional and ethical obligations
- To contact you regarding appointments, changes, or relevant service information
- To discuss work in professional supervision (with all client material anonymised)
- For administrative, financial, and audit purposes
- To comply with legal, ethical, and safeguarding requirements

The lawful bases under UK GDPR for processing your data are:

- **Article 6(1)(b)** – Processing is necessary for the performance of a contract
- **Article 6(1)(c)** – Processing is necessary to comply with a legal obligation
- **Article 9(2)(h)** – Processing of special category data is necessary for the provision of health, therapeutic, or supervisory services

Only the minimum necessary data is collected and used for legitimate professional purposes.

4. Sharing Your Data

Your personal data will remain confidential unless disclosure is legally or ethically required.

With Your Explicit Consent

Your data may be shared with:

- Your GP or other healthcare professionals
- Social services, probation services, or other relevant professionals
- Other therapists, supervisors, coaches, or specialists where referral is appropriate

Without Your Consent (Only When Required)

Your data may be shared without consent if:

- There is a risk of serious harm to you or another person
- There are safeguarding concerns involving a child or vulnerable adult
- Disclosure is necessary for the prevention or detection of a serious crime
- Disclosure is required by a court of law



Payment and Administration

Relevant information may be shared with secure third-party providers (such as banks or payment processors) for payment and accounting purposes.

All sharing is strictly on a need-to-know basis, with the minimum necessary information disclosed.

5. Case Studies and Session Recordings

Where case studies or session recordings (audio or video) are required for training, assessment, or supervision:

- Separate, explicit written consent will always be obtained
- Each use will require a new agreement
- All material will be fully anonymised
- Data will be stored securely and destroyed immediately after its agreed use, in line with training institution requirements

Sessions will never be recorded without your explicit written consent.

6. Supervision

I discuss clinical work in professional supervision as part of my duty of care and ethical practice. All client material shared in supervision is anonymised. Supervisors do not have access to identifying information, and no personal details are included in supervision notes.

7. How Your Data Is Stored

I take the security of your data seriously. Your information may be stored in the following ways:

- Electronic records stored on password-protected devices and/or encrypted secure cloud systems
- Paper records (where used) stored in a locked cabinet accessible only to me
- Devices protected with up-to-date security and antivirus software

8. How Long Your Data Is Kept

In line with professional, ethical, and legal guidance:

- Clinical and supervisory records are retained for **7 years** from the date of the last session
- Case study or recording materials are destroyed immediately after their agreed use

9. Disposal of Data

When data is no longer required:

- Paper records are securely shredded
- Digital records are permanently deleted from all systems
- Backup copies (where applicable) are also securely erased

10. Your Rights Under UK GDPR

You have the right to:

- Access your personal data
- Request correction of inaccurate data
- Request erasure of your data (where legally permissible)
- Restrict processing of your data
- Request data portability
- Object to the processing of your data

Requests must be made in writing. I will respond within one month. There is no charge for these requests.

Where requests cannot be fulfilled (for example due to safeguarding or legal obligations), this will be explained clearly.

If you request deletion of your data, I will retain a minimal suppression record solely to ensure your data is not processed again in the future.

You also have the right to lodge a complaint with the Information Commissioner's Office (ICO): www.ico.org.uk

11. Data Breaches

If a data breach occurs that may pose a risk to your rights or freedoms:

- You will be informed as soon as reasonably possible
- Serious breaches will be reported to the ICO within 72 hours, as required by law

12. Responsibility for Data Protection

As a sole practitioner, I am the Data Controller and responsible for ensuring lawful and ethical handling of personal data within my practice.



13. Cookies and Website Analytics

My website may use cookies to support functionality and analyse site usage.

Cookies may include:

- Essential cookies for site operation
- Analytics cookies (e.g. Google Analytics)
- Third-party plugins collecting anonymised usage data

You can manage cookie preferences via the website banner. A link to this Privacy Policy is included in the footer of every page.

14. Links to Third-Party Websites

My website may contain links to external websites. I am not responsible for their content or privacy practices, and you are encouraged to review their privacy policies separately.

15. Contact Information

If you have any questions, concerns, or requests regarding this Privacy Policy or how your data is handled, please contact:

Michelle Jermy – The Yoni Therapist

Email: michelle@theyonitherapist.com

Telephone: 07725 582817

Address: CBC, Staniforth Road, Thetford, IP24 3LH

I am committed to protecting your privacy and upholding the highest standards of professional confidentiality.